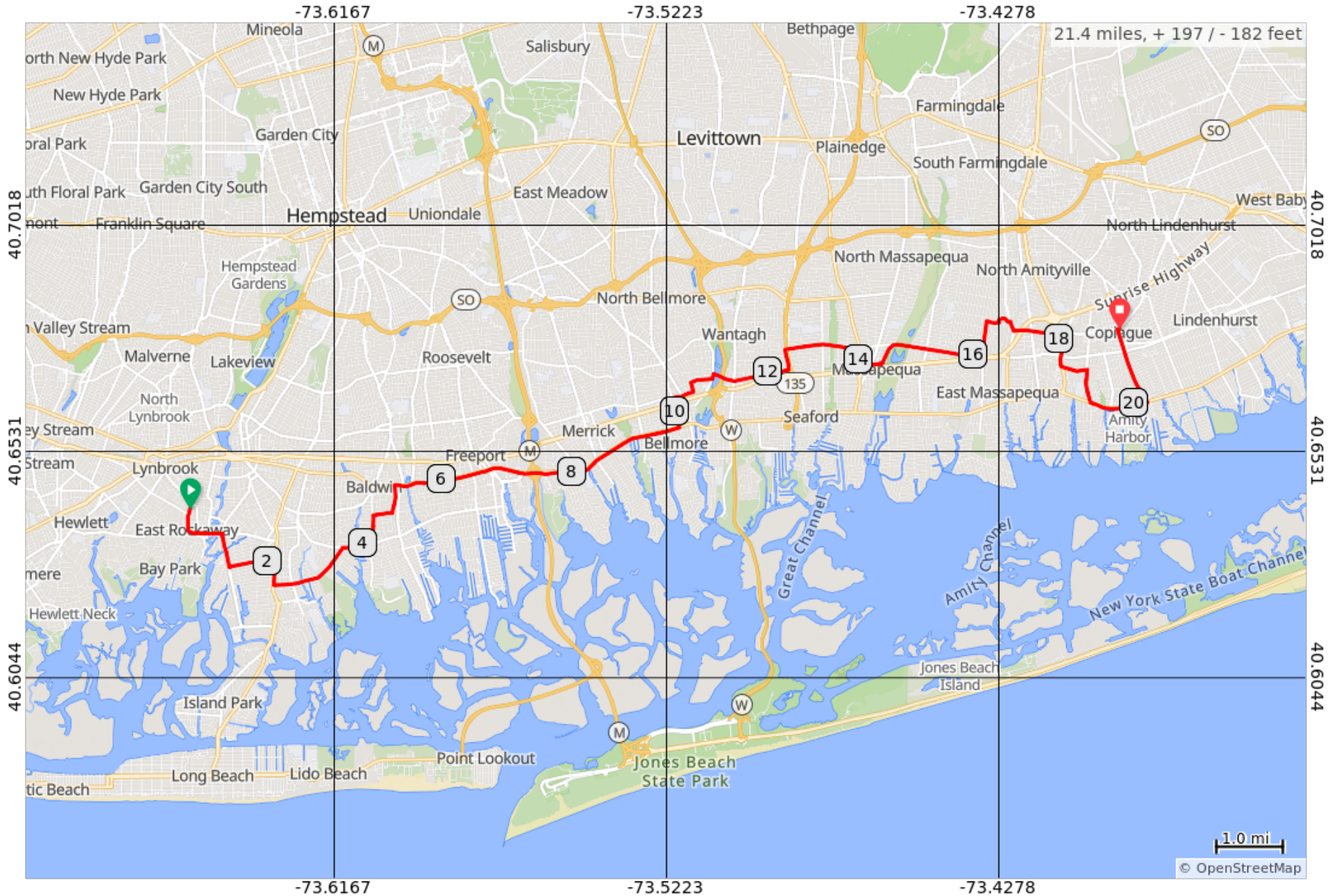


4-17-2024 - Day 4 Part 1 - South Shore Fallen Heroes Day/Copaigue



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Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.3
2.	0.3	0.3	←	Left onto Atlantic Ave/Main St	0.5
3.	0.9	0.5	→	Right onto Bayview Ave/Lawson Blvd	0.5
4.	1.4	0.5	←	Left onto Weidner Ave	0.7
5.	2.1	0.7	→	Right onto Long Beach Rd	0.3
6.	2.4	0.3	←	Left onto Waukena Ave	1.2
7.	3.7	1.2	→	Right onto Brower Ave	0.2
8.	3.9	0.2	↑	Continue onto Atlantic Ave	0.2
9.	4.1	0.2	←	Left after 7-Eleven (on the left)	0.4
10.	4.6	0.4	→	Right onto Thomas Ave	0.3

4.6 miles. +31/-28 feet

Num	Dist	Prev	Type	Note	Next
11.	4.8	0.3	←	Left onto Central Ave	0.4
12.	5.3	0.4	→	Right onto Merrick Rd	2.0
13.	7.2	2.0	→	Right to stay on E Merrick Rd	2.2
14.	9.4	2.2	→	Right onto Merrick Rd	0.4
15.	9.8	0.4	←	Left onto Bedford Ave	0.5
16.	10.2	0.5	→	Right onto Grand Ave	0.3
17.	10.6	0.3	←	Left onto Hillside Ave	0.1
18.	10.7	0.1	→	Right onto Wilson Ave	0.3
19.	11.0	0.3	←	Left onto Old Mill Rd	0.1
20.	11.1	0.1	→	Right onto Park Ave	1.2

6.6 miles. +70/-70 feet

Num	Dist	Prev	Type	Note	Next
21.	12.3	1.2	←	Park Ave turns left and becomes W Seamans Neck Rd	0.3
22.	12.6	0.3	→	Right onto Demott Ave	0.1
23.	12.6	0.1	↑	Continue onto Clark St	1.1
24.	13.7	1.1	→	Right onto Hicksville Rd	0.3
25.	14.0	0.3	←	Left onto Hicksville Rd	0.1
26.	14.1	0.1	←	Left onto Veterans Blvd	0.4
27.	14.4	0.4	←	Slight left onto Parkside Blvd	0.3
28.	14.8	0.3	→	Slight right onto Clark Ave	1.2
29.	16.0	1.2	↑	Continue onto Front St	0.1
30.	16.1	0.1	←	Left onto Park Ln	0.5

5.0 miles. +30/-34 feet

Num	Dist	Prev	Type	Note	Next
31.	16.6	0.5	→	Right onto Prade Ln	0.2
32.	16.8	0.2	←	Left onto Ashwood PI	0.0
33.	16.9	0.0	→	Right onto Westwood Rd S	0.2
34.	17.1	0.2	→	Right onto Carmans Rd	0.2
35.	17.2	0.2	←	Left onto Loudon St	0.7
36.	17.9	0.7	→	Right onto Broadway	0.3
37.	18.2	0.3	←	Left onto Oak St	0.2
38.	18.4	0.2	←	Left onto Avon PI	0.4
39.	18.8	0.4	→	Right onto Bayview Ave	0.5
40.	19.3	0.5	←	Left onto Merrick Rd	0.9
41.	20.2	0.9	←	Left onto Great Neck Rd	1.2

4.1 miles. +25/-42 feet

Num	Dist	Prev	Type	Note	Next
42.	21.4	1.2	→	Right at the 1st cross street onto Dixon Ave	0.0
43.	21.4	0.0	📍	End of route	0.0

1.2 miles. +0/-0 feet
